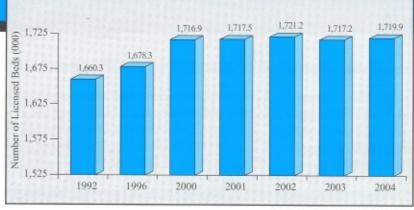
### NURSING HOME BED COUNT STABILIZES OVER FIVE YEARS

In the five-year period from 1999 to 2004, the number of licensed nursing home beds in the U.S. rose only fractionally, hovering at slightly more than 1.7 million. Conversely, the number of licensed beds rose 6.7% in the preceding ten-year period from 1988 to 1998.



Data source: Verispan LLC © 2005

# **Alternate Care Industry Summary**

- This summary of the Digest addresses two segments of the alternate care industry: nursing homes and home health care agencies.
- The number of nursing homes operating in the U.S. increased fractionally, to 15,300 in 2004 from 15,245 in 2003, the highest total in four years.
- For the fourth straight year, the ratio of nursing home beds to 1,000 people age 65 and older fell, to 47.4 from 47.8 in 2003.
- The average occupancy rate at nursing homes declined for the second straight year in 2004, to 84.5% from 85.3% in 2003.
- The 35 largest nursing home chains in the nation owned or leased 3,388 facilities (down from 3,523 in 2003), accounting for 22.1% of all licensed nursing homes (down from 23.1%).
- The average number of licensed beds per facility in the nation's top 35 nursing home chains slipped in 2004. to 112.6 from 113.5 in 2003.

- The number of home care agencies grew 3.2%, to 12,284 from 11,903 in 2003, the third consecutive annual increase.
- The number of independent proprietary home care agencies in the U.S. jumped 16.4%, to 3,423 from 2,940 in 2003.
- The ratio of home care agencies to 1,000 individuals age 65 and older rose slightly, to 0.34 from 0.33 the previous year.
- The ratio of agencies that had fewer than 101 visits per week (the lowest weekly average) to all home care agencies nationwide climbed to 20.0% from 16.0% in 2003. Conversely, the ratio of agencies that had 501 or more visits per week (the highest weekly average) to all such agencies slipped to 17.4% from 20.1% the year before.
- The 35 largest home care chains operated 18.2% of all agencies, down moderately from 2003.
- Four for-profit chains replaced four not-for-profit chains on the top 35 home care chain list.

# REGIONS

Pacific Alaska California

Hawaii Oregon Washington

Mountain Arizona Colorado Idaho

Montana Nevada New Mexico Utah Wyoming

W. North Central Towa Kansas

Minnesota Missouri Nebraska North Dakota South Dakota

E. North Central Illinois Indiana Michigan Ohio

Wisconsin

South Central Alabama. Arkansas Kentucky Louisiana

Mississippi Oklahoma Tennessee Texas

New England Connecticut Maine Massachusetts New Hampshire Rhode Island Vermont

Mid-Atlantic New Jersey New York Pennsylvania

South Atlantic

Delaware Florida Georgia Maryland North Carolina South Carolina Virginia West Virginia

# Total number of nursing homes in the U.S. increases slightly

The number of licensed nursing homes in the U.S. rose only fractionally in 2004, to 15,300 from 15,245 in 2003, yet this total was the highest in four years. Moderate growth in the numbers of the smallest nursing homes—

those with fewer than 50 beds (to 1,458 from 1,415 the previous year)—and those midsized nursing homes with between 151 and 200 licensed beds (to 1,780 from 1,737) accounted for much of the slight increase.

#### NUMBER OF NURSING HOMES AND LICENSED BEDS IN EACH STATE, BY BED SIZE

	<50	) Beds	50-1	00 Beds	101-	150 Beds	151-2	000 Beds	201	+ Beds	Total	Total	Beds/
STATE	NHs	Beds	NHs	Beds	NHs	Beds	NHs	Beds	NHs	Beds	NHs	Beds	1,000*
Alabama Alaska Arizona	7 2 4	235 83 125	81 4 34	306	83 	10,174 7,871	38 	6,561 4,071	14 1 10	3,326 224 2,320	223 7 136	26,415 613 16,809	44.2 14.6 23.0
Arkansas	4	150	91	7,264	118	13,875	13	2,120	4	1,011	230	24,420	64.1
California	160	6,096	665	53,564	214	26,874	113	19,536	49	12,206	1,201	118,276	30.9
Colorado	27	1,044	88	6,470	66	7,949	16	2,803	6	1,365	203	19,631	43.5
Connecticut	14	528	77	5,873	107	13,456	31	5,380	19	4,978	248	30,215	63.8
Delaware	4	130	12	904	21	2,414	6	984	1	397	44	4,829	44.3
Florida	27	911	133	9,400	372	44,438	103	17,952	37	9,280	672	81,981	28.0
Georgia Hawaii Idaho	12 6 11	453 242 426	109 10 23	8,089 828 1,665	159 7 24	18,412 839 2,882	35 2 3	5,925 340 471	24 3	5,819 780	339 28 61	38,698 3,029 5,444	45.7 17.6 34.3
Illinois	33	1,321	281	21,971	243	29,796	99	17,327	142	36,606	798	107,021	70.4
Indiana	51	1,952	187	13,940	159	18,878	62	10,864	37	10,841	496	56,475	73.2
Iowa	73	2,899	262	17,939	69	7,847	13	2,263	7	2,288	424	33,236	76.7
Kansas	65	2,672	197	13,459	54	6,382	15	2,532	6	1,537	337	26,582	75.0
Kentucky	27	992	118	8,661	102	12,132	16	2,703	5	1,288	268	25,776	49.6
Louisiana	6	189	58	4,700	152	18,550	64	10,875	17	3,945	297	38,259	72.5
Maine Maryland Massachusetts	40 22 54	1,408 814 1,941	60 49 119	4,192 3,668 9,179	13 85 203	1,472 10,660 25,181	 42 69	7,178 11,591	2 24 18	499 6,375 4,310	222	7,571 28,695 52,202	39.9 45.2 61.1
Michigan	27	975	126	9,353	164	19,753	62	10,571	28	6,772	407	47,424	38.0
Minnesota	59	2,161	188	13,225	84	10,145	26	4,521	19	5,425	376	35,477	57.7
Mississippi	8	234	84	5,717	77	9,437	12	2,111	4	1,118	185	18,617	52.8
Missouri	28	950	222	16,301	205	24,747	44	7,557	25	6,684	524	56,239	73.4
Montana	15	576	23	1,784	20	2,247	6	1,074	2	501	66	6,182	48.9
Nebraska	61	2,429	102	6,994	28	3,272	11	1,899	3	911	205	15,505	66.9
New Hampshire New Jersey	1 14 28	20 426 949	6 33 66	535 2,432 4,464	15 26 118	1,824 3,025 14,243	7 4 84	1,284 672 14,745	5 5 55	1,225 1,369 15,286	34 82 351	4,888 7,924 49,687	18.7 50.6 44.1
New Mexico	9	295	28	2,039	32	3,774	2	338	2	619	73	7,065	30.8
New York	35	1,315	90	7,079	149	18,103	147	26,252	199	65,076	620	117,825	47.3
North Carolina	28	725	133	9,988	183	21,825	39	6,740	13	3,212	396	42,490	41.2
North Dakota	17	660	33	2,188	15	1,775	5	862	2	542	72	6,027	64.7
Ohio	80	2,793	304	21,795	378	43,452	117	20,237	66	17,851	945	106,128	69.6
Oklahoma	26	1,048	184	12,861	126	14,759	20	3,359	8	2,059	364	34,086	73.4
Oregon	20	735	69	5,199	42	4,860	10	1,670	2	423	143	12,887	28.0
Pennsylvania	64	2,325	165	11,716	270	33,405	103	17,951	77	23,945	679	89,342	47.1
Rhode Island	19	698	35	2,404	28	3,526	12	2,039	7	1,708	101	10,375	68.9
South Carolina South Dakota Tennessee	34 38 17	1,350 1,534 623	58 53 90	4,897 3,560 6,776	59 11 134	7,365 1,291 16,427	20 3 47	3,469 534 8,027	5 17	1,714  4,334	176 105 305	18,795 6,919 36,187	36.1 63.2 49.0
Texas Utah Vermont	51 18 14	1,983 619 439	394 34 13	29,823 2,456 901	528 27 9	64,031 3,110 1,088	104 6 6	18,062 970 983	39 3	9,530 704 —	1,116 88 42	123,429 7,859 3,411	55.7 37.8 42.2
Virginia	26	929	88	5,955	93	11,233	47	8,474	19	5,154	273	31,745	37.5
Washington	35	1,319	101	7,942	84	10,034	17	2,858	4	871	241	23,024	32.7
Washington DC	1	20	5	286	—	—	4	719	6	1,748	16	2,773	41.3
West Virginia Wisconsin Wyoming	2 31 3	85 1,086 128	55 174 11	3,827 12,642 811	41 105 8	4,877 12,553 970	8 41 3	1,460 7,149 510	1 20 —	214 5,117	107 371 25	10,463 38,547 2,419	37.6 53.9 39.6
TOTAL	1,458	54,040	5,625	416,563	5,375	647,233	1,780	308,573	1,062	293,507	15,300	1,719,916	47.4

### NURSING HOME BEDS PER 1,000 RATIO CONTINUES TO FALL

For the fourth consecutive year in 2004, the ratio of licensed nursing home beds to 1,000 individuals age 65 and older fell, to 47.4 from 47.8 in 2003. This ratio has not undergone an annual increase since 1998 (to 51.9 from 51.3 in 1997), and has dropped 10.9% since 1994 (53.2). Nursing homes in Iowa had the highest ratio of beds per 1,000 people age 65 and older, but that ratio declined, for the fifth straight year, to 76.7 from 78.4 the previous year.

### ONE-THIRD OF ALL NURSING HOME BEDS ARE IN FIVE STATES

Five states—Texas (123,429), California (118,276), New York (117,825), Illinois (107,021) and Ohio (106,128)—accounted for 33.3% (572,679) of the 1.7 million licensed nursing home beds nationally, up from 33.2% (569,570) in 2003. The number of licensed nursing home beds rose between 2003 and 2004 in all of these states except Illinois.



<sup>\* &</sup>quot;Beds/1,000" represents the number of licensed nursing home beds per 1,000 people age 65 and older in that state. State population data are a projection of the U.S. Department of Commerce Bureau of the Census, Population Distribution Branch, published July 2004.

## NURSING HOME INDUSTRY OVERVIEW

# Ratio of Medicare-certified nursing homes to all homes grows

Medicare-certified facilities accounted for 97.2% of all nursing homes in the U.S. in 2004, up one percentage point from 96.2% in 2003 and a notable seven percentage points since 1997. Between 2003 and 2004, the ratio of

Medicare-certified facilities to all nursing homes increased in all five licensed beds size categories. Meanwhile, the average occupancy rate at nursing homes dropped for the second straight year, to 84.5% from 85.3% in 2003.

#### MEDICAID-CERTIFIED LICENSED BED COUNT CONTINUES TO SLIDE

The number of licensed nursing home beds eligible to receive only Medicaid reimbursement declined another 35.8% between 2003 (382,175) and 2004 (245,175). In the six-year period between 1998 and 2004, the number of Medicaid-certified licensed beds plummeted 76.1% from more than 1.0 million. By comparison, the number of licensed nursing home beds that qualified for either Medicare or Medicaid payment continued to grow, to well over 1.3 millionor 77.6% of all beds, up from 69.8% in 2003-from 1.2 million the previous year. The number of these beds more than doubled in the six years from 1998 to 2004. Meanwhile, the number of licensed beds per nursing home rose 12.4%, to 112.4 from 100.0 in 2003.

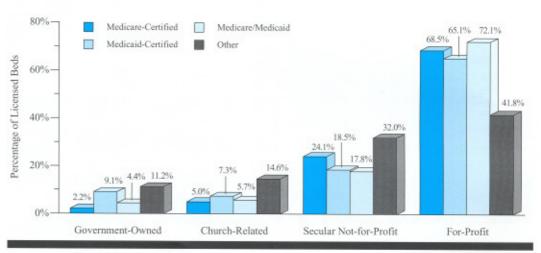
#### NURSING HOMES, LICENSED BEDS AND OCCUPANCY, BY SIZE\*

SIZE (Licensed Beds)	Percentage of All Nursing Homes	Percentage of All Licensed Beds	Average Occupancy Rate (Licensed Beds)	Medicare- certified Percentage of All Nursing Homes
<50 Beds	9.5%	3.1%	85.3%	89.9%
50-100 Beds	36.8	24.2	84.4	97.5
101-150 Beds	35.1	37.6	84.5	98.7
151-200 Beds	11.6	17.9	84.6	98.3
201+ Beds	6.9	17.1	84.1	97.0
AVERAGE	100.0%	100.0%	84.5%	97.2%

#### MEDICARE AND MEDICAID BEDS FOR ALL NURSING HOMES\*, \*\*

	Total # of Lie	censed Beds	Avg. # of Licensed Beds/NH			
TYPE OF BED	2003	2004	2003	2004		
Medicare-certified	53,724	60,648	3.1	4.0		
Medicaid-certified	382,175	245,175	22.3	16.0		
Medicare/Medicaid	1,198,849	1,335,466	69.8	87.3		
Other	82,452	78,627	4.8	5.1		
TOTAL/AVG.	1,717,200	1,719,916	100.0	112.4		

#### DISTRIBUTION OF LICENSED BEDS, BY OWNER TYPE\*, \*\*



<sup>\*</sup> Based on 15,300 nursing homes in the U.S. Overall averages include the smallest homes.

<sup>\*\* &</sup>quot;Medicare-certified" refers to those nursing home beds that are eligible for Medicare payment under Title XVIII of the Social Security Act. "Medicaid-certified" refers to those nursing home beds that are eligible for Medicaid reimbursement under Title XIX of the Social Security Act. "Medicare/Medicaid" beds qualify for payment from either Medicare or Medicaid. "Other" nursing home beds are paid for by sources other than Medicare and Medicaid, such as private insurance, self-pay and Veterans Affairs.

## Top 35 nursing home chains account for fewer homes, beds

The nation's 35 largest nursing home chains owned or leased 3,388 facilities in 2004 (down 3.8% from 3,523 in 2003), and accounted for 22.1% of all nursing homes (down from 23.1%). Of these homes, 2,071 (61.1%) were

part of the top 10 chains, compared with 2,225 (63.2%) the previous year. These 3,388 nursing homes had 381,477 licensed beds (down 4.6% from 399,812 in 2003), or 22.2% of all licensed beds (down from 23.3%).

#### THE NATION'S 35 LARGEST NURSING HOME CHAINS\*

CHAIN / HEADQUARTERS	Current	Previous	Tax	Total	Total	Avg.	# of
	Rank	Rank	Status	NHs	Lic. Beds	Beds/NH	States
CHAIN/ HEADQUARTERS							
Beverly Enterprises / Fort Smith, Ark.	1	1	FP	350	36,202	103.4	24
Manor Care / Toledo, Ohio	2	2	FP	284	38,306	134.9	30
Sava Senior Care / Atlanta, Ga.**	3	3	FP	259	30,863	119.2	23
Kindred Healthcare / Louisville, Ky.	4	4	FP	254	32,041	126.1	29
Life Care Centers Of America / Cleveland, Tenn.	5	5	FP	219	28,458	129.9	28
The Evangelical Luth. Good Samaritan Soc. / Sioux Falls, S.D.	6	6	NFP	192	15,025	78.3	25
Genesis Health Ventures / Kennett Square, Pa.	7	7	FP	170	22,715	133.6	12
Extendicare Health Services / Milwaukee, Wis.	8	9	FP	149	14,931	100.2	11
Trans Healthcare Inc. / Sparks, Md.	9	8	FP	103	11,143	108.2	16
Sun Healthcare Group / Albuquerque, N.M. Daybreak Healthcare / Denton, Texas National HealthCare Corporation / Murfreesboro, Tenn.	10	10	FP	91	9,130	100.3	14
	11	12	FP	78	8,431	108.1	2
	12	11	FP	75	9,344	124.6	10
Five Star Quality Care / Newton, Mass.	13	16	FP	73	6,501	89.1	20
Life Care Services Corporation / Des Moines, Iowa	14	15	FP	69	5,472	79.3	25
Senior Health Management / St. Petersburg, Fla.	15	28	FP	66	8,093	122.6	4
Centennial Healthcare / Atlanta, Ga.	16	13	FP	66	7,127	108.0	17
Sunrise Senior Living / McLean, Va.	17	14	FP	61	3,943	64.6	19
Peak Medical Corporation / Albuquerque, N.M.	18	19	FP	56	6,517	116.4	7
Home Quality Management Inc. / Palm Beach Gardens, Fla.	19	34	FP	53	6,023	113.6	6
Health Systems Inc. / Sikeston, Mo.	20	21	FP	53	4,590	86.6	2
Britthaven Inc. / Kinston, N.C.	21	24	FP	52	6,446	124.0	3
Pruitt Corporation / Toccoa, Ga.	22	—	FP	52	5,428	104.4	4
Sea Crest Health Care Management / Tampa, Fla.	23	20	FP	51	6,534	128.1	1
Tandem Health Care / Maitland, Fla.	24	18	FP	48	4,969	103.5	5
Advocat Diversicare / Franklin, Tenn.	25	23	FP	47	4,945	105.2	8
Skilled Healthcare / Foothill Ranch, Calif.	26	25	FP	46	6,109	132.8	3
Delta Health Group / Pensacola, Fla.	27	26	FP	46	5,632	122.4	3
Evergreen Healthcare / Vancouver, Wash.	28	22	FP	46	4,556	99.0	6
Harborside Healthcare / Boston, Mass.	29	30	FP	43	5,394	125.4	8
Care Initiatives / West Des Moines, Iowa	30	27	NFP	41	3,244	79.1	1
Complete Care Services / Horsham, Pa.	31	29	FP	40	4,957	123.9	3
Ensign Group / San Juan Capistrano, Calif.	32	32	FP	40	4,655	116.4	4
Nexion Health / Eldersburg, Md.	33	31	FP	40	4,640	116.0	4
Northport Health Services / Tuscaloosa, Ala.	34	33	FP	39	4,896	125.5	4 7
Covenant Care / Aliso Viejo, Calif.	35	35	FP	36	4,217	117.1	
TOTAL/AVERAGE				3,388	381,477	112.6	

Data source: Verispan LLC @ 2005

### EIGHT CHAINS OWN OR LEASE HOMES IN AT LEAST 20 STATES

Of the nation's 35 largest nursing home chains, eight-including the top six—owned or operated homes in at least 20 states in 2004, down from nine in 2003. Seven other chains that were among the 35 largest owned or operated nursing homes in at least 10 states. Manor Care owned or operated facilities in the greatest number of states (30), the first time in three years that Kindred Healthcare (29), has not held that distinction. Of these top 35 nursing home chains, Sea Crest Health Care Management and Care Initiatives each operated nursing homes in the fewest number of states (1) in 2004.

### CHAINS AVERAGE FEWER BEDS PER FACILITY IN 2004

The average number of licensed beds per facility in the nation's 35 largest nursing home chains dropped fractionally, to 112.6 from 113.5 the previous year. Of these top chains, Manor Care, for the second straight year, averaged the greatest number of beds per facility (134.9).

<sup>\*</sup> This table includes all nursing homes owned and leased by these chains, and the licensed beds within those homes, as of December 2004.

<sup>\*\*</sup> Formerly Mariner Health Care.

## NURSING HOME PATIENT MIX

# Medicare beneficiary share of nursing home patient mix grows

For the second consecutive year, the share of all nursing home residents who were Medicare beneficiaries increased, to 12.6% in 2004 from 12.2% in 2003 and from 10.4% in 2002. In 2000, these residents accounted for just 7.4% of

the nursing home patient mix. Although the share of residents who were Medicaid recipients continued to account for the majority of all nursing home patients, that share declined slightly, to 64.2% from 65.2% the year before.

### MEDICAID PATIENT SHARE RISES ALONG WITH SIZE OF HOME

In 2004, the share of nursing home residents who were also Medicaid recipients rose in proportion to the size of the nursing home. Thus, the Medicaid share of nursing home residents accounted for 56.4% (down from 58.9% in 2003) of the total patient mix in the smallest homes-those with fewer than 50 beds. By comparison, Medicaid recipients made up 68.6% (down from 71.8% the previous year) of the nursing home residents in the largest homes-those with more than 200 beds.

### CHURCH-RELATED HOMES HAVE SMALL MEDICAID SHARE

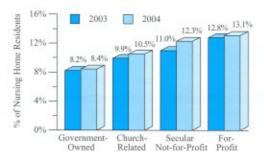
Although the Medicaid recipient share of all residents in church-related nursing homes increased fractionally between 2003 (51.9%) and 2004 (52.3%), that share was the smallest by nursing home owner type. Medicaid recipients accounted for a much higher portion of the total patient mix at for-profit (67.0%) and government-owned (67.7%) nursing homes.

#### NURSING HOME PATIENT MIX, BY PAYER TYPE

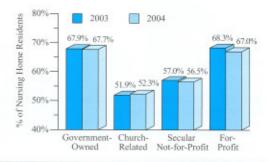
	Percentage of Nursing Home Residents								
	Medic	are*	Medicaid**						
OWNER TYPE	2003	2004	2003	2004					
Government Church-related Secular NFP For-Profit	8.2% 9.9 11.0 12.8	8.4% 10.5 12.3 13.1	67.9% 51.9 57.0 68.3	67.7% 52.3 56.5 67.0					
SIZE (Licensed beds)									
<50 Beds 50–100 Beds 101–150 Beds 151–200 Beds 201+ Beds	13.0% 11.1 13.0 12.3 12.4	14.2% 11.6 13.4 12.9 11.8	58.9% 63.3 66.7 66.8 71.8	56.4% 62.8 65.8 66.5 68.6					
REGION									
Pacific Mountain West North Central East North Central South Central New England Mid-Atlantic South Atlantic	11.8% 12.1 8.2 13.9 11.5 11.6 12.4 14.6	12.3% 12.5 8.6 13.5 12.1 12.6 12.8 15.7	63.3% 61.6 56.7 66.1 71.8 66.4 64.7 64.9	63.1% 60.9 57.1 63.2 69.9 67.4 63.9 64.8					
CERTIFICATION									
Medicare-certified Noncertified	12.2% 10.5	12.6%	65.2% 73.3	64.2%					
AVERAGE	12.2%	12.6%	65.2%	64.2%					

#### NURSING HOME PATIENT MIX, BY OWNER TYPE

#### MEDICARE BENEFICIARIES\*



#### MEDICAID RECIPIENTS\*\*





<sup>\*</sup> Based on 13,705 nursing homes in the US

<sup>\*\*</sup> Based on 14,684 nursing homes in the U.S.

# Home care agency count increases for the third straight year

The number of home care agencies in the U.S. rose 3.2% in 2004, to 12,284 from 11,903 in 2003, the third consecutive annual increase and the highest mark since 2000. States reporting the largest percentage gains in the

number of agencies in this period included Georgia (13.7%), Maryland (12.5%) and Nevada (11.9%). The ratio of home care agencies to 1,000 people age 65 and older grew to 0.34, after three straight years at 0.33.

#### NUMBER OF HOME CARE AGENCIES IN THE UNITED STATES

CTATE	Total #	Total #	% Change	Total #	% Change	Population	Agencies/
	in 20031	in 2004 <sup>2</sup>	2003-2004	in 1986	1986–2004	65+ (000s) <sup>3</sup>	1,000 <sup>4</sup>
STATE	104	205	6.10/	- 00	0.4.907	500	0.24
Alabama	195	205	5.1%	111	84.7%	598	0.34
Alaska	20	19	-5.0	3	533.3	42	0.45
Arizona	128	116	-9.4	70	65.7	732	0.16
Arkansas	244	245	0.4	183	33.9	381	0.64
California	826	884	7.0	401	120.4	3,823	0.23
Colorado	153	157	2.6	109	44.0	451	0.35
Connecticut	142	143	0.7	123	16.3	474	0.30
Delaware	34	36	5.9	21	71.4	109	0.33
Florida	933	983	5.4	148	564.2	2,928	0.34
Georgia	168	191	13.7	74	158.1	847	0.23
Hawaii	19	17	-10.5	0	—	172	0.10
Idaho	77	78	1.3	23	239.1	159	0.49
Illinois	437	483	10.5	288	67.7	1,521	0.32
Indiana	267	275	3.0	106	159.4	772	0.36
Iowa	202	203	0.5	126	61.1	433	0.47
Kansas	280	264	-5.7	112	135.7	355	0.74
Kentucky	192	198	3.1	95	108.4	519	0.38
Louisiana	299	309	3.3	119	159.7	528	0.59
Maine	97	93	-4.1	20	365.0	190	0.49
Maryland	80	90	12.5	96	-6.3	635	0.14
Massachusetts	177	186	5.1	161	15.5	854	0.22
Michigan	296	297	0.1	157	89.2	1,247	0.24
Minnesota	330	320	-3.0	143	123.8	615	0.52
Mississippi	141	151	7.1	135	11.9	353	0.43
Missouri	197	209	6.1	175	19,4	766	0.27
Montana	54	56	3.7	20	180.0	127	0.44
Nebraska	103	100	-2.9	30	233.3	232	0.43
New Hampshire New Jersey	59 91 148	66 81 160	11.9 -11.0 8.1	16 42 54	312.5 92.9 196.3	262 157 1,126	0.25 0.52 0.14
New Mexico	99	95	-4.0	42	126.2	229	0.41
New York	665	644	-3.2	144	347.2	2,493	0.26
North Carolina	417	421	1.0	107	293.5	1,032	0.41
North Dakota	49	45	-8.2	24	87.5	93	0.48
Ohio	480	497	3.5	204	143.6	1,525	0.33
Oklahoma	285	300	5.3	123	143.9	464	0.65
Oregon	76	79	3.9	60	31.7	460	0.17
Pennsylvania	385	398	3.4	199	100.0	1,897	0.21
Rhode Island	67	63	-6.0	15	320.0	151	0.42
South Carolina	121	123	1.7	36	241.7	520	0.24
South Dakota	62	61	-1.6	17	258.8	109	0.56
Tennessee	287	307	7.0	253	21.3	738	0.42
Texas	1,660	1,783	7.4	490	263.9	2,217	0.80
Utah	102	105	2.9	22	377.3	208	0.51
Vermont	25	20	-20.0	21	-4.8	81	0.25
Virginia	255	269	5.5	95	183.2	847	0.32
Washington	121	119	-1.7	42	183.3	703	0.17
Washington DC	18	19	5.6	14	35.7	67	0.28
West Virginia	78	77	-1.3	33	133.3	278	0.28
Wisconsin	201	193	-4.0	118	63.6	716	0.27
Wyoming	61	51	-16.4	30	70.0	61	0.83
TOTAL U.S.	11,903	12,284	3.2%	5,250	134.0%	36,294	0.34

### AGENCIES ARE VERY BROADLY DEFINED

A home care agency may be included in the database for this Digest if it is licensed by the state in which it is located, certified by the Centers for Medicare and Medicaid Services or part of a licensed home care chain. It must also have at least three nonadministrative staff members (i.e., field members) permanently located in that office. Finally, the agency staff must provide at least two types of home care services, except where the agency is providing only skilled nursing care. Excluded from the database are home care agencies offering only durable medical equipment and home care agency branch offices with staffs that rotate between and among several offices.



Excludes 51 home care agencies in Puerto Rico.

<sup>&</sup>lt;sup>2</sup> Excludes 45 home care agencies in Puerto Rico.

<sup>&</sup>lt;sup>3</sup> State population data are a projection of the U.S. Department of Commerce Bureau of the Census, Population Distribution Branch, published July 2004.

<sup>&</sup>lt;sup>4</sup> "Per 1,000" ratio is for people age 65 and older.

# HOME CARE INDUSTRY OVERVIEW

## Number of independent proprietary home care agencies rises

The number of independent for-profit home care agencies in the U.S. climbed 16.4% in 2004, to 3,423 from 2,940 in 2003, while the number of chain for-profit home care agencies grew 1.7%, to 3,237 from 3,183 the prior

year. In accordance, the combined independent for-profit (27.9%) and chain for-profit (26.4%) agency share of the home care industry rose notably, to 54.2% from 51.4% in 2003, the fourth consecutive annual increase.

### AGENCIES SUSTAIN TREND TOWARD LOWER VISITS COUNT

The ratio of agencies that conducted fewer than 101 visits per week (the lowest weekly average) to all home care agencies nationwide jumped to 20.0% from 16.0% in 2003, the sixth straight annual increase. Conversely, the ratio of agencies that had more than 500 visits per week (the highest weekly average) to all home care agencies fell to 17.4% from 20.1% the previous year, the seventh consecutive annual decrease.

#### HOSPITAL-BASED AGENCIES HAVE MANY MEDICARE PATIENTS

The ratio of Medicare beneficiaries to all patients in hospital-based homes was 70.7%, up fractionally from 70.5% in 2003, by far the highest share by facility type. The ratio of patients with Medicare coverage to all patients in rehabilitation facility-based homes rose notably between 2002 (33.3%) and 2004 (55.0%).

TYPE OF AGENCY OWNERSHIP	# of Agencies	% of Agencies1	AVG. VISITS/WEEK	# of Agencies	% of Agencies
Independent FP	3,423	27.9%	1-100	2,461	20.0%
Independent NFP	1,934	15.7	101-300	2,822	23.0
Chain FP	3,237	26.4	301-500	1,594	13.0
Chain NFP	1,763	14.4	501+	2,135	17.4
Government	886	7.2	Not Known <sup>2</sup>	3,272	26.6
Church	120	1.0		12,284	100.0%
Not Known <sup>2</sup>	921	7.5	DECION		
	12,284	100.0%	REGION	No. of Principles	
TYPE OF FACILITY			Pacific	1,118	9.1%
			Mountain	724	5.9
Hospital Based	1,755	14.3%	W. North Central	1,202	9.8
Nursing Home Based	223	1.8	E. North Central	1,745	14.2
Rehab. Facility Based	11	0.1	South Central	3,498	28.5
Official Govt. Agency	569	4.6	New England	586	4.8
Other	371	3.0	Mid-Atlantic	1,202	9.8
Not Facility Based	9,355	76.2	South Atlantic	_2,209	_18.0
	12,284	100.0%		12,284	100.0%
			CERTIFICATION		
			Medicare-certified	7,178	58.4%
			Noncertified	_5,106	41.6
				12,284	100.0%

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	Medicare <sup>3</sup>		Medicaid <sup>4</sup>			Medicare <sup>3</sup>		Medicaid <sup>4</sup>	
TYPE OF AGENCY OWNERSHIP			% of Patients	AVG. VISITS/WEEK	# of Agencies	% of Patients	# of Agencies	% of Patients	
Independent FP Independent NFP Chain FP Chain NFP Government Church Not Known <sup>2</sup>	1,756 1,141 1,528 956 531 52	48.9% 62.7 42.8 63.9 60.0 51.1 62.7	1,733 1,132 1,504 942 523 51	24.7% 19.2 24.2 18.2 24.1 15.5 1.7	1–100 101–300 301–500 501+ Not Known <sup>2</sup> <b>REGION</b>	1,593 1,802 901 1,213 458	56.7% 57.6 55.6 46.3 39.6	1,564 1,781 894 1,205 444	20.1% 21.6 22.7 25.4 23.8
TYPE OF FACILITY Hospital Based Nursing Home Based Rehab. Facility Based Official Govt. Agency Other Not Facility Based	1,145 118 6 336 151 4,211	70.7% 42.3 55.0 54.3 56.0 48.8	1,126 121 6 336 149 4,150	14.4% 22.8 19.3 30.2 21.2 23.8	Pacific Mountain W. North Central E. North Central South Central New England Mid-Atlantic South Atlantic CERTIFICATION Medicare-certified	571 411 636 710 1,451 287 451 1,450 3,962 2,005	53.2% 54.8 47.4 56.8 64.8 41.3 42.4 48.3	562 405 636 708 1,411 288 450 1,428 3,882 2,006	14.2% 22.0 30.6 18.8 21.9 29.7 23.8 22.1

<sup>1</sup> Column totals are rounded.

<sup>2 &</sup>quot;Not Known" includes home care agencies that did not report either an ownership type or an average number of visits per week.

<sup>&</sup>lt;sup>3</sup> Percentages indicate the overall share of patients with Medicare coverage in the responding home care agencies.

<sup>&</sup>lt;sup>4</sup> Percentages indicate the overall share of patients with Medicaid coverage in the responding home care agencies.

### Nation's 35 largest home care chains operate fewer agencies

The 35 largest home care chains in the U.S. operated 2,234 agencies in 2004, compared with 2,277 in 2003. In accordance, these top chains accounted for 18.2% of all home care agencies, down from 19.1% the previous year.

The nation's 10 largest home care chains operated 1,317 agencies, a moderate decline from 1,351 in 2003. The average number of employees per office in these top 10 chains also fell between 2003 (42.4) and 2004 (67.2).

#### THE NATION'S 35 LARGEST HOME CARE CHAINS\*

NAME / HEADQUARTERS	Current Rank	Previous Rank	Tax Status	# of Agencies	Average # Employees per Office	# of States
Interim HealthCare / Sunrise, Fla.	1	1	FP	240	81.8	37
Gentiva Health Services / Melville, N.Y.	2	2	FP	205	73.1	35
Maxim Healthcare Services / Columbia, Md.	3	3	FP	194	151.2	40
Intrepid USA / Edina, Minn.	4	4	FP	129	44.8	27
Amedisys / Baton Rouge, La.	5	6	FP	115	37.6	12
Option Care Inc. / Buffalo Grove, Ill.	6	5	FP	99	28.0	30
Arkansas Department Of Health / Little Rock, Ark.	7	9	NFP	88	16.2	1
Bayada Nurses / Moorestown, N.J.	8	11	FP	86	143.4	14
Kelly Home Care Services / Troy, Mich.	9	7	FP	84	72.4	28
Coram Healthcare / Denver, Colo.	10	8	FP	77	23.3	40
Pediatric Services of America / Norcross, Ga.	11	10	FP	66	36.4	21
Louisiana Healthcare Group / Lafayette, La.	12	18	FP	62	23.9	5
Tender Loving Care Staff Builders / Lake Success, N.Y.	13	13	FP	60	68.3	21
Housecall Medical Resources / Knoxville, Tenn.	14	12	FP	58	24.3	5
Heartland Home Health Care & Hospice / Toledo, Ohio	15	14	FP	54	62.7	17
Quorum Health Resources / Brentwood, Tenn.	16	16	NFP	52	17.3	26
Personal Touch Home Care / Bayside, N.Y.	17	20	FP	50	56.4	14
Arcadia Services Inc. / Southfield, Mich.	18	15	FP	48	73.7	17
Sta-Home Health Agency / Jackson, Miss.	19	19	FP	38	22.9	1
Kaiser Permanente / Oakland, Calif.	20	17	NFP	37	63.8	4
CareSouth Homecare Professionals / Augusta, Ga.	21	—	FP	32	44.3	6
National HealthCare Corporation / Murfreesboro, Tenn.	22	23	FP	32	15.8	3
Nursefinders / Arlington, Texas	23	22	FP	32	94.1	13
Girling Health Care / Austin, Texas	24	21	FP	31	33.6	6
Community Health Systems / Brentwood, Tenn.	25	25	FP	28	22.6	15
Patient Care Medical Services Inc. / West Orange, N.J.	26	—	FP	28	149.0	8
Almost Family / Louisville, Ky.	27	—	FP	26	69.5	7
Trinity Health / Novi, Mich.	28	26	NFP	26	57.7	8
Lifeline Home Health Care / Somerset, Ky.	29	27	FP	25	30.8	2
Liberty Home Care / Wilmington, N.C.	30	31	FP	23	37.7	2
Matria Healthcare / Marietta, Ga.	31	30	FP	23	15.8	17
Avera Health / Sioux Falls, S.D.	32	28	NFP	22	13.5	4
Catholic Health Initiatives / Denver, Colo.	33	29	NFP	22	17.6	9
Catholic Healthcare West / San Francisco, Calif. Mederi / Miami, Fla.	34 35	35	NFP FP	21 21	47.9 23.0	2 3
TOTAL/AVERAGE				2,234	52.7	

Data source: Verispan LLC © 2005

### PROPRIETARY CHAINS ACCOUNT FOR MOST OF TOP 35 CHAINS

Of the 35 largest home care chains in the nation, by number of agencies, 28 (80.0%) were for-profit in 2004, up notably from 24 (68.6%) in 2003. The top six home care chains were all proprietary, as were 14 of the top 15. In 2004, Tennessee served as headquarters for four of these 35 largest home care chains, more than any other state; Georgia, Michigan and New York each served as home state for three of these chains.

### LARGEST HOME CARE CHAIN LIST FEATURES FOUR FP NEWCOMERS

Four of the 35 largest home care chains in the nationall of which were for-profit chains-were new to the list in 2004. These four newcomer home care chains together accounted for 107 agencies, 32 of which were operated by CareSouth Homecare Professionals, largest of those new to the list. The four chains that dropped off the list of the 35 largest home care chains in 2004-all of which were not-for-profit chainstogether operated 82 home care agencies in 2003.

<sup>\*</sup> This table includes all home care agency offices owned, franchised or managed by these chains.